

WINONA AREA MENTAL HEALTH SERVICES

COVID-19

ADOLESCENTS

Agency	Phone	Primary Contact	Address	Insurance Accepted	NEW CLIENTS? [wait time]	TELEHEALTH video/audio	Notes
Hiawatha Valley Mental Health Center	(507) 454-4341	Melissa Rose	420 East Sarnia Street Winona, MN	Yes	Yes [Months]	Yes	Psychiatry, therapy, substance abuse
HVMHC- Children's Community Based Svc	(507) 474-9320	Theresa Ringo	420 East Sarnia Street Winona, MN	Yes	Yes [6 Months]	Yes	School Linked Therapy, Children Case Mngt, CTSS
Acumen Counseling Services	(855) 855-6776	Don Cratchy	902 E 2 nd St., Ste 260 Winona, MN	Yes	Yes [Week]	Yes	Therapy, including services for a person of color or LGBTQ
Woods Psychological Services	(507) 474-6264	Judy Woods	50 W. 2 nd St. Suite 101 Winona, MN	Yes	Yes [Days]	Yes	Therapy Psychological Evaluation
August Integrative Therapy	(507) 205-2405	Erica Thibodeaux	51 E. 4 th St. Suite 307 Winona, MN	No	Yes [Months]	Yes	Therapy Loss & grief skills groups
Winona Counseling Clinic, Inc.	(507) 454-3900	Michelle Johnson & Jeff Buikema	902 E. 2 nd St, Ste 220 Winona, MN	Yes	Yes [Days/Weeks]	Yes	Individual & Family Therapy
Counseling Associates	(507) 452-5033	Reception	111 Market St, Suite 4A Winona, MN	Yes	Closed until ~ 5/4	Yes	Therapy, Family therapy (Individual therapist basis)
Family & Children's Center	(507) 453-9563	Front desk	601 Franklin St. Winona, MN	Yes	Yes [Week]	Yes	Outpatient therapy, day treatment, family therapy (all services accepting referrals)
Peace of Mind Counseling	(608) 797-5679	Jay Clark	136 S. Walnut, Suite 1 La Crescent, MN jclark@pomcounseling.com	Yes	Yes [Days]	Yes	Therapy - offices in La Crescent and La Crosse
Bluestem Center for Child and Family Development	(507) 282-1009	Reception	24 Elton Hills Ln NW Rochester, MN info@bluestemcenter.com	Yes	Yes [Week]	Yes	Psychiatry [2-3 weeks] Therapy
PrairieCare Medical Group Southern MN	(507) 218-3701	Reception	1620 Greenview Dr. SW Rochester, MN	Yes	Yes [Days]	Yes	Psychiatry, Therapy, Intensive Outpatient Program
Crisis Response for Southeast Minnesota	(844) 274-7472	Crisis response 24 hours a day. In an emergency, call 911.					